

Five Protective Factors

Protective factors are family characteristics that help **keep children safe and make families strong,** no matter what challenges they may face.

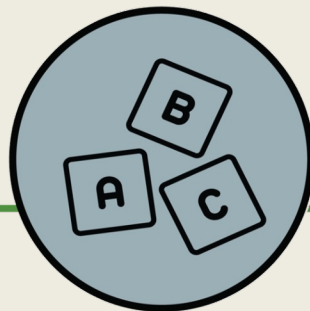
PARENT RESILIENCE



Be strong and flexible.

The ability to get through and bounce back from hard times.

KNOWLEDGE OF PARENTING AND CHILD DEVELOPMENT



Being a parent is part natural and part learned.

Children grow happy and healthy when parents understand how to support their children's minds, bodies, and spirits by showing love & affection, talking & listening, and providing safe opportunities to grow and develop.

SOCIAL AND EMOTIONAL COMPETENCE OF CHILDREN



Parents need to help their children communicate.

Children's early experiences of being cared for & loved affect how they show or share their feelings with others.

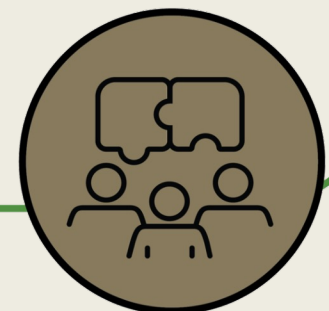
CONCRETE SUPPORTS IN TIMES OF NEED



Everyone needs help sometimes.

When your family's basic needs are met such as food, clothing, housing, and transportation, you have more time and energy to focus on your child and family's safety and well-being.

SOCIAL CONNECTIONS



Parents need friends.

Parents who have people they can turn to for support, such as family, friends, and neighbors, find it easier to care for their children and themselves.



Research has shown that the protective factors can:

- ✓ Strengthen all families
- ✓ Help overall positive child development
- ✓ Reduce the likelihood of child abuse and neglect

To learn more about the Protective Factors Framework visit the Center for the Study of Social Policy at www.cssp.org.



Guam Early Learning Council's Vision Statement

"All of Guam's young children will have healthy minds, bodies, & spirits as the foundation for lifelong success."



For more information, contact us at guamelc@gmail.com.

Follow us **@guamelc** to learn more about child development.



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Strengthening Families Using the

5 Protective Factors

